

# Newsletter

*Together we can succeed*

Transferable Skills Training welcomes you to our monthly newsletter, providing updates on our recent projects, initiatives and student achievements.



## TST Introduces a Breakfast Club!

We are excited to announce that TST now offers a Breakfast Club! Read on to learn more about its features and the advantages it brings to both our staff and students.

We will be sending out details regarding the upcoming parents' consultation on Wednesday, April 1st. Please take a moment to participate, as your input significantly influences our efforts to make TST an exceptional learning center for your children.



## Breakfast Provision at TST

### Benefits of breakfast for students with SEND

Breakfast provision is crucial for school/College students with special educational needs and disabilities (SEND) as it can significantly improve their educational outcomes, attendance, and emotional well-being, besides that it can also increase their ability to develop those life skills and social skills often highlighted in their EHCP.

For pupils with SEND, who often experience additional barriers to attendance – such as anxiety, difficulties with morning routines, or sensory sensitivities – breakfast provision provides a crucial support mechanism.

By offering breakfast we can help pupils regulate their emotions, build positive relationships with staff and peers, and feel more prepared for the day ahead.

So, here at TST we have recently introduced “Breakfast provision” to the start of our college day, giving our students access to various options such as Toast/Cereal/a piece of Fruit/Fruit juice and or Tea on their arrival which has gone down well with both learners and staff.



We have discussed what we need to do this term with students working on "follow instructions in the workplace." With all the rain that we have had we have worked when it has eased, moving some gravel to divert the water into the stream. We have also started to prune the shrubs and clear some of the leaves. Students have really enjoyed this and worked well together.

One student in particular was fascinated by the photocopier and enjoyed copying.





Out and about in the community we have been shopping to buy food for our lunches. We have cooked pizzas, sausage rolls, chicken pie for our cooked lunches each Wednesday.

With a break in the weather, we have visited the outdoor gym and completed work experience cleaning the church. Also attending the Pop up café at Stoke Climsland.





In February, Groups 4 and 5 enjoyed an exciting and educational visit to the RNLI Looe Lifeboat Station in Looe.

The group were welcomed by Adam and Geoff, who delivered an interesting talk about the history of the RNLI and the vital work they carry out. Students had the opportunity to look closely at the RNLI uniform and try on some of the specialist equipment — with Polly bravely trying on a 10kg lifejacket.

Students also explored the two lifeboats and the tractors housed at the station, before learning important information about beach safety and what to do if they ever find themselves in trouble in the water.

After the visit, the group headed to the beach to enjoy their lunches (luckily, no lunches were stolen by the seagulls). The afternoon continued with students building structures from driftwood and taking part in a litter-picking and a scavenger hunt.

While helping to clear litter brought in by recent storms, Polly was approached by Jane Day, Trustee Manager of East Looe Town Trust, who personally thanked her for her hard work and efforts in helping to keep the beach clean — a fantastic achievement.





A couple of our animal care session where we were observing and discussion normal / abnormal behaviours in tortoises. Now the tortoises have been moved into the barn, learners are enjoying popping in to see them at lunch times and between lessons. They have also been enjoying taking care of them, cleaning them out, feeding them, and giving them regular baths. Learners are actively seeking to spend time with the tortoises and often refer them to looking like dinosaurs!

A learner collected some frogs spawn found on site – we cleaned up a fish tank and have tried to create a natural habitat for them. It has been fascinating watching the eggs change and hatch.





I took Group 4 to Camelot Kennels, a German Shepherd rescue elite centre in Callington for an exciting day of dog agility with the TST students. The students had a fantastic time learning about agility training and working with the dogs. The experience was both educational and fun, allowing the students to engage with the dogs in a dynamic environment while learning new skills.



Group 4 are learning to Garden for Pleasure. Here composting and maintaining tools.



Groups 4 and 5 went to The Waste to Energy Plant MVV in Plymouth and learnt about what happens to our waste for Environmental Issues in Industry Unit and Enrichment. Here looking in the Incinerator's furnace

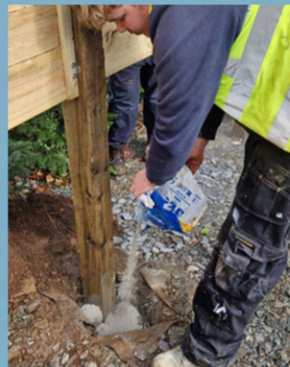


Group 2 are learning about Landbased machinery. Here they are learning how to do pre- use checks on the Gator.

Group 3 have had a busy few months completing the shed build for work experience at starts environmental centre. The enrichment was also at starts the workshop was around set building and creativity.



Here are some photos of the learners working at Sterts Theatre. They were erecting posts for the festoon lighting as well as installing new signage posts. Students have also been working at Tamar Garden Nursery, where members of the group helped erect a new fence.



The group has been actively engaged in planting garlic bulbs and seed potatoes as part of their horticultural activities.





Our Red Nose Day Virtual Pet Show is back for another year.

Taking place on 22nd March your Pet photos (with your pet's name and category) need to be sent to Ambria by Monday 16th March. You can also send in printed photos with your young people if unable to email. Thank you to those who have already sent in their photos – competition is already high this year!

Voting will open on Wednesday 18th March, so the earlier deadline will give us time to prepare all entries.

If you did not receive the earlier emails about these events, please accept our apologies. We want to ensure everyone has the opportunity to take part.

Entry fee: £1 per pet

Feel free to enter as many pets as you like – the more, the merrier!

This year's categories are:

1. Funniest Pet Photo
2. Most Unusual Pet
3. Cutest Pet Photo
4. Pet with the Best Hairdo or Hat

## *PSHE Lessons at TST: Topics until Easter.*

As part of their learning experience at TST, students participate in PSHE lessons. This provides an opportunity to introduce and delve into topics that relate to everyday life and our surrounding world. Here's what's on the agenda for November:

- Risks of illegal drugs
- Accessing Healthy Leisure Activities
- A good night's sleep
- Personal Finances - Budgeting
- Peer Pressure – (Including Gangs and knife crime)
- Coping with Change



## College term dates 25/26

### Spring term 2026

- Term ends – Thursday 2nd April 2026
- Inset Day Friday 3rd April 2026 – Closed to learners
- Easter Break – Monday 6th April – Friday 17th April 2026
- Inset day Monday 20th April 2026- Closed to learners
- Term starts – Tuesday 21st April 2026

### Absence reporting

Please call 01579384798 and/or email [info@transferableskillstraining.com](mailto:info@transferableskillstraining.com) on the first day of non-attendance.

### Safeguarding Concerns

Please visit our website for further information or contact the safeguarding team at TST.

[markambrose@transferableskillstraining.com](mailto:markambrose@transferableskillstraining.com) or call 07774774071

[kellie@transferableskillstraining.com](mailto:kellie@transferableskillstraining.com)

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### **Contact us**

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